

## Pencil Grip and Fine Motor Skills

If your child is struggling with their pencil grip, alongside Dough Disco, you could use a highlighter for them to follow the letter formation with their pencil. I've put up some pencil control sheets up too. Here's some practical activities you could try:



This animated <u>Crocodile Snap song</u> is designed to help children develop their pencil grasp, the actions are designed to improve fine motor control.

This a <u>good blog post</u> to read, explaining the importance of fine motor skills, the impact it has and fun activities you can do to aid your child.

This includes great <u>helpful videos</u> and animations to support your child.

Any activity that focuses on fine motor skills and grip, whether that is using tweezers to pick things off a tray, threading, using pipettes, cotton buds (we used this for our Christmas Cards and our Handa's surprise inspired art) will impact and improve, it may take time but rest assured, practice will make perfect. I love some of the activities in <u>here</u> particularly the web one!

From a sensory point of view, write a letter or a shape in chalk and allow the child to establish an understanding of the formation by following the form with the tooth brush. They should hold the brush with their whole hand but the forefinger should be on the head of the toothbrush. The sensory feedback from the brush is brilliant!