



# Cloverlea Primary School



7<sup>th</sup> May 2024

Dear Parent(s)/Carer(s)

## Cloverlea PSHE & SRE Programme

At Cloverlea, we believe that promoting the health and well-being of our pupils is an important part of their overall education. We use the scheme 'Jigsaw' to teach Personal, Social and Health Education (PSHE). This explores many topics including relationships, sex education, physical / emotional health and living in the wider world. Our aim is to help our pupils make safe and informed decisions during their school years and beyond.

Sex and Relationship Education (SRE) is an important part of PSHE. The four main aims of SRE are:

- To enable young people to understand and respect their bodies, and be able to cope with the changes puberty brings, without fear or confusion.
- To help young people develop positive and healthy relationships appropriate to their age, development etc. (respect for self and others).
- To support young people to have positive self-esteem and body image, and to understand the influences and pressures around them
- To empower them to be safe and safeguarded.

SRE is taught in the second half of the summer term and includes topics such as: life cycles, how babies are made, puberty, assertiveness and self-respect, friendships and family life, self and body image, safeguarding, relationship skills e.g. conflict resolution, looking ahead and transition to secondary school.

Pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

Some parts of SRE are compulsory - these are part of the National Curriculum for Science. Parents can withdraw their children from all other parts of SRE if they wish to do so. However, we believe that the presentation of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if

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Tel / Fax: 0161 980 8338 | Email: [cloverleaprim.admin@trafford.gov.uk](mailto:cloverleaprim.admin@trafford.gov.uk) | [www.cloverlea.org.uk](http://www.cloverlea.org.uk)  
Green Lane North, Timperley, Altrincham, Cheshire, WA15 7NQ



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a child is withdrawn, many pupils will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons. If you do not wish your child to participate in RSE lessons included in the PSHE curriculum, please complete and return the slip at the end of this letter to school.

Many parents and parent-related organisations support good quality SRE in school. Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is taught in school. If you have any queries about the content of the programme or overviews of the 'Relationships' & 'Changing Me' further information is available for you to browse through on the school website under: teaching and learning – foundation subjects - PSHE. Some documents on the school website are password protected in line with 'Jigsaw' guidance. The password is: Cloverlea

Yours sincerely,

Mrs Harris

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